

ACROSS

- 1 Trying to lose weight (7)
- 5 Swansea's country (5)
- 8 Solid, safe (5)
- 9 Stone monument (7)
- 10 Allay (7)
- 11 Reef, granny and clove hitch etc (5)
- 12 Revoke (a law) (6)
- 14 Batter cake baked in an iron (6)
- 18 Multitude, throng (5)
- 20 Convert (ordinary language) into code (7)
- 22 Theatrical bands (7)
- 23 Serious play (5)
- 24 Restriction (5)
- 25 Unpretentiousness (7)

DOWN

- 1 Lose hope (7)
- 2 Supply kit to (5)
- 3 Midwest US state (7)
- 4 Gleamed, shone (6)
- 5 Spoil (5)
- 6 Made redundant (4,3)
- 7 Followers of Guru Nanak (5)
- 13 Fulfil (7)
- 15 Gave consent (7)
- 16 Point where sea meets river (7)
- 17 Cargo thrown overboard (6)
- 18 Boarding house (5)
- 19 Person now living abroad (5)
- 21 Periods of twelve months (5)

